

A night-time photograph of the Golden Gate Bridge in San Francisco, California. The bridge's towers and suspension cables are illuminated with warm orange lights, contrasting with the dark sky. The city lights of San Francisco are visible in the background across the water. The text 'THINK ON YOUR FEET: DEVELOP YOUR ABILITY TO THINK, SPEAK AND ACT SPONTANEOUSLY' is overlaid in white, bold, uppercase letters at the top of the image.

THINK ON YOUR FEET: DEVELOP YOUR ABILITY TO THINK, SPEAK AND ACT SPONTANEOUSLY

Facilitating Positive Change

Half-day (3-4 Hours)

Would you like to be more confident *in the moment*? Would you like to be able to think, speak and act in rapidly unfolding situations when the best-laid plans get thrown to the wind? Many professionals are decisive, confident and creative...until the moment they must improvise. Yet you probably have the training, experience and instincts to be brilliant in the moment with the right tools and confidence.

Objectives

- Learn to rely on your instincts and trust your gut
- Adapt to a wide variety of circumstances
- Creatively ad-lib and go “off script”

Content

- Employing the “Yes, and...” concept to create alternate plans, conceive non-linear designs, and co-create collaborative projects
- Making rapid-fire decisions with confidence through a series of improvisational activities and games
- Developing resourcefulness when relying on your native problem-solving skills
- Experiencing the glory of Ideation, a special brainstorming process
- Practicing accepting offers as starting points for flexibility

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