

The Consulting Team

Facilitating Positive Change



Stress Management Training

The Consulting Team's Mission: Facilitating positive change by increasing effectiveness of leaders, teams, and organizations through consulting, coaching, conflict mediation, and training.

Dr. Marilyn Manning, CEO

Partial Client List

Over 100 California Cities,
Special Districts, and Public
Agencies
Arthur J. Gallagher Insurance
California State University
System
California Water Service
Contra Costa County
Kaiser Permanente
Meyer Sound
Minami Tamaki, LLP
Attorneys
National Speakers Association
Pacific Cheese Company
Police Officers Standardized
Training (POST)
San Mateo County Sheriff
State Compensation Insurance
Fund
Stanford University
State of California
Social Security Administration
Synthetic Genomics

Our training helps you maintain your effectiveness, maximize communication skills, handle stress, and foster can-do attitudes in the midst of stressful environments. You will learn to manage conflicts in proactive ways, improve attitude and morale through easy-to-learn techniques, and reduce the negative impact of stress and conflict at work.

Participants will learn to:

- Master stress reduction techniques
- Feel in control when under pressure
- Enhance their communication skills
- Identify ways to make their jobs easier
- Use listening as a stress reducer
- Create can-do attitudes

“Working with Dr. Manning helped me unlock more of my potential, which had an significant, positive impact on my organization’s success: I also began to enjoy my job!”

- Mitch Bostian, Head of School, The Berkeley School

The Consulting Team, LLC, was founded by international author, speaker, and certified management consultant Dr. Marilyn Manning, Ph.D. For over 10 years The Consulting Team has helped their clients solve difficult organizational and people problems. The Consulting Team’s success is evident in that 94% of their work is repeat business.

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