

Emotional Intelligence Skills Training

The Consulting Team

Facilitating Positive Changes

The Consulting Team's Mission: Facilitating positive change by increasing effectiveness of leaders, teams, and organizations through consulting, coaching, conflict mediation, and training.

Dr. Marilyn Manning, CEO

Partial Client List

Over 100 California Cities,
Special Districts, and Public
Agencies
Arthur J. Gallagher Insurance
California State University
System
California Water Service
Contra Costa County
Kaiser Permanente
Meyer Sound
Minami Tamaki, LLP
Attorneys
National Speakers Association
Pacific Cheese Company
Police Officers Standardized
Training (POST)
San Mateo County Sheriff
State Compensation Insurance
Fund
Stanford University
State of California
Social Security Administration
Synthetic Genomics

Are you skillful in recognizing your emotions and how they affect your work? Would you like to improve your ability to collaborate with, motivate, and influence others? Do you want to improve your ability to advance your career? This training will teach you how to increase your skills in harnessing your emotions to guide their impact on the environment and your performance.

Emotional Intelligence Training Includes:

Part 1: Emotional Intelligence – What and Why?

- What is Emotional Intelligence?
- Eleven key related skills
- How the skills help solve problems

Part 2: Know Yourself

- Identify your emotions and how they affect you
- Recognize the emotional impact you have on others
- Manage stress and maintain your balance

Part 3: The Emotionally Intelligent Workplace

- Listening and appreciation
- The power of the positive
- Shifting your behavior to improve relationships

Part 4: Practicing Emotional Intelligence Every Day

- Solve problems with past positives
- Influence and persuade effectively
- Plan your next steps

“The supervisor, after his Emotional Intelligence training, stood up to a tough situation and advised an employee to take responsibility for proper action. I was impressed that he now sees things more broadly, as a manager should!”

- Karen McNamara, Director of Parks and Community Services
City of San Ramon

The Consulting Team, LLC

945 Mountain View Ave • Mountain View CA 94040

Phone: 650.965.3663 • Fax: 650.965.3668

M@TheConsultingTeam.com • www.TheConsultingTeam.com