

A night-time photograph of the Golden Gate Bridge in San Francisco, with its towers and suspension cables illuminated against a dark sky. The city lights are visible in the background.

EMOTIONAL INTELLIGENCE: EXECUTIVE COACHING AND ASSESSMENT

Facilitating Positive Change

Great leaders aren't born, they're coached!

Are you skillful in recognizing your emotions and how they affect your work relations?
Would you like to improve your ability to collaborate with, motivate, and influence others?
Do you want to improve your ability to maintain your composure in tough situations?
Emotional intelligence coaching will teach you how to increase your skills in recognizing your emotions and their impact on the environment and your performance.

Emotional Intelligence Coaching includes:

Phase One: Pre-work

Set measurable outcomes and timelines for leadership enhancement
Assess your own emotional intelligence using the EQi 360®.
Take a communication style (DiSC® Classic) assessment tool

Phase Two: EQi 360® Feedback

Hold confidential interviews for anecdotal input
Debrief the leader on results in a feedback session
Create goals and clarify steps for enhancing skills

Phase Three: Ongoing Coaching Sessions

Set up a coaching schedule based on assessment results
Observe meetings and/or presentations
Schedule check-ins with management

“Dr. Manning helped me unlock more of my potential, which had a significant, positive impact on my organization’s success; I also began to enjoy my job!”

- Mitch Bostian, Head of School, The Berkeley School

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